

## **Additional Resources for Adolescent Safe Environment Training :**

{available in the OECFL Resource Center}

For compliance with the Charter for Protection of Children and Youth the following materials may be used in conjunction with upcoming Diocesan prepared curriculum material related to the Topics of **Internet Safety** (for younger adolescents) & **Boundaries** (for older adolescents).

Human Relations Media (HRM). *Exploring Healthy Relationships*. 2002. dvd / print.  
(ch. 5 on dvd- Boundaries; pp. 15-17 & 28 in activity book)

**Learning for Life. *Personal Safety Awareness for Learning for Life*. 2007. dvd.**  
(ch. 2: Internet Safety, 14 min. / ch. 3: Peer Sexual Harassment (boundaries), 5 min)

**Student Workshop. *Building Good Relationships*. 2006. dvd.**  
(chapters: Evaluating Relationships, Assertiveness Skills, Communication, Conflict Resolution; each chapter has discussion questions to follow-up with)

***Boundaries: A Guide for Teens*. 2000. Boys Town Press.** (stories and examples of establishing safe boundaries in relationships; with discussion questions for groups)

### **Websites:**

<http://www.netismartz.org/education> : has activities and video clips for a variety of topics related to internet safety for all ages (K – High School).

<http://www.netismartz.org/education/download>

<http://www.kidpower.org> : articles and resources regarding safe boundaries and cyber-bullying and relational bullying and other topics.

<http://www.kidpower.org/who-we-serve/teens.html#skills>