

Emmaus Retreat



An interactive, faith-oriented weekend which seeks to give individuals an opportunity to better understand their relationship with God.

Structure:

- The weekend begins Friday evening, and ends Sunday afternoon.
- It is composed of a series of related talks, discussions and liturgical celebrations, representing the teachings of the Catholic Church in a manner very relevant to today's college age young adult.
- Most of the talks are given by other college age men and women who have previously made the weekend. These people also lead the discussions. Because all the talks and activities are very closely related, it is not really possible to join a program that is already in progress.
- It's a great chance to meet people. Take this opportunity to treat yourself to a great weekend!



Dates of the Weekend: February 23-25, 2018

(Friday evening to Sunday afternoon)

Place: The Dominican Retreat and Conference Center, Niskayuna, New York

Reservations to attend Emmaus are made on a first come first served basis according to receipt of application and payment. So apply ASAP.

Applicants are asked to contribute **\$40.00** toward the cost of the weekend. If you are a college student, the Campus Ministry programs at your school may provide some financial support toward meeting the expenses of the weekend; please see your campus minister in completing this application and discussing any financial needs you might have. Please make checks payable to:

Campus Ministry Emmaus Retreat
Return application to:
Campus Ministry Emmaus Retreat
c/o Chris O'Neill
621 Washington Court
Guilderland, NY 12084

For more information about the retreat, call or email:

Chris O'Neill, 518-456-8145; chrisrory@me.com
Maureen Athens, 518-488-8980;

momathens@earthlink.net

Catherine Reid, Director of Campus Ministry,
Roman Catholic Diocese of Albany, 620-762-6026

creid@albany.edu

David Stagliano, Assoc. Dir. Campus Ministry
stagliad@rcda.org

Application:

Name: _____ Sex (M/F): _____

Cell Phone Number (at school): _____

Address (at school): _____

E-mail (at school): _____

School: _____

Year of Graduation: _____

Date of Birth: _____

Home Address: _____

Home Phone Number: _____

Home E-mail (if applicable): _____

Will you need transportation to the retreat? _____

Can you provide transportation? _____

Any special food requirements or restrictions? (please specify) ____

How did you learn about the retreat? _____

Briefly describe what you'd like to get out of the experience

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Reactions of some people who have made the Emmaus:

“The Emmaus has taught me no new ‘things’. The concepts of God, Jesus, love, sacraments, Mass were all ‘things’ that I knew about. What the Emmaus did for me was to turn my feelings and thoughts about these things in a different direction. I began to appreciate how ideas and experiences like community, faith, friendship, laughter, tears, pain, happiness and ‘everydayness’ were all parts of the challenge to take on Christianity.”

“The Emmaus program is a practical learning experience for someone who is seeking the answer, or asking the question regarding their relationship with God. It is achieved in a community way through a series of talks, small and large group discussions, and in celebrating the Eucharist. It is a time to get away and learn about yourself and God.”

“Think of this weekend as a vacation, a time when there is no school work, no peer pressure, and no deadlines, just yourself and a bunch of people who are willing to take

part in letting themselves help you grow. We all have masks we wear to fit in with friends or social groups. On this weekend you can be yourself and talk about the things you want to. It may answer some questions or just lead to more questions. It will help you grow. Don’t be afraid to help yourself. In this fast paced world, no time is designated for you. This time is yours. Take it, and do what you want with it.”

“Emmaus was a time to get away from the hectic routines of daily life and sort of reflect on my perspective of life... My whole life didn’t change as result of the weekend, but I think I understand myself a little better...”

“What the Emmaus meant to me: friendship, love, and reflection about God. A chance to open up, be myself, see others as they really are, and through that experience, discover what religion means to me in everyday life.”

“This weekend showed me that God’s love for the world, for me, is alive in the people around you.”

What the Emmaus is not:

It is not a retreat in the sense that an escape from the world is sought for three days. It is very unlike “retreats” in the traditional meaning of a retreat weekend.

Who is the Emmaus for?

1. Leaders
2. Followers
3. Combinations of 1. and 2.
4. A person who is interested in other people, and wants to seek some direction in life.
5. A person who has been looking for an opportunity to do some soul-searching.
6. A person who believes that he or she is living a Christian life and wants to share his or her experience, thoughts, etc. with others.
7. People with an open mind and willing to experience something and decide afterward whether they will accept or reject the ideas presented.
8. Probably you.