



Where did the Journey retreat originate? The Journey retreat program began in Albany in 1986. It is modeled after the Cursillo Movement which began in Spain in the 1940's and came to Brooklyn in the 1960's. Men and women who made the Cursillo Retreat asked the leaders if there was anything similar for young people. In 1974, a Cursillo experience was redesigned for high school and college students and was called Christian Awakening on the UAlbany Campus. Students from the Christian Awakening retreat developed the Journey Retreat in 1986.

### **How can I find out more about Journey?**

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**Visit Our Website**  
[www.journey-retreat.com](http://www.journey-retreat.com)  
**for info. and to register**

### *Frequently Asked Questions*

#### **When is the Journey Retreat held?**

Journey Retreats are held several times a year in March/April, July and November.

#### **Where are Journey Retreats held?**

Currently the retreat is held in the Dominican Retreat Center in Schenectady, NY.

#### **How long is the Journey Retreat?**

Candidates arrive by 7pm on Thursday and the retreat concludes with a Mass on Sunday Evening.

#### **How much does Journey cost?**

We ask for a \$200 donation to cover the cost of lodging, meals and supplies for three days. If this is a hardship then any donation is accepted.



**JOURNEY** is a Roman Catholic retreat experience for high school students grades 10-12.

If you are interested in exploring your faith, and learning something about yourself then Journey is right for you!

#### **The Journey Retreat is NOT**

1. A silent retreat with hours in the chapel
2. The solution to severe problems such as alcohol and drug abuse
3. A boring weekend with no fun
4. A Confirmation retreat

#### **The Journey Retreat IS**

1. For young people who are looking for something more in their lives
2. Talking about the things which are important to young people
3. Time away to reflect on how a young person can become a leader in his or her faith communities
4. An experience that is different for every-one
5. Fun with people who know how to have it!

***Let no one look down on your youthfulness, but rather in speech, conduct, love, faith and purity, show yourself an example of those who believe. 2 Timothy 4:12***