

# Detours on the Journey

A support ministry for Catholic men and women who have experienced or are experiencing divorce.



The group will meet for ten Tuesdays,

Starting February 7th from 7pm to 9pm

at the Diocesan Pastoral Center at 40 North Main St. in Albany.

Facilitated by an LCSW experienced in family counseling and a family law attorney, the program's objective is to help gain insight into and heal from the emotional challenges of loss, anger, guilt, fear and loneliness.

Participants share insights, learn coping mechanisms, feel the support of others, and renew their faith.

**For more information and registration please contact**  
**[mary.fay@rcda.org](mailto:mary.fay@rcda.org) or call 453-6644**

The ministry is sponsored by the Office of Lay Ministry Formation