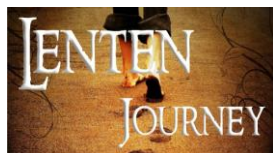


## LENTEN COMMUNAL CELEBRATIONS OF RECONCILIATION

All Saints Church (Cluster)	March 13, 2017	7:00pm
St. Francis Church (South End)	March 15, 2017	7:00pm
Christ Our Light	March 23, 2017	12:15 & 7:00pm
St. Francis Church (Delaware Ave)	March 29, 2017	1:00pm
Our Lady of the Americas (Spanish)	March 31, 2017	1:00pm
St Pius X	April 3, 2017	11:00am
Blessed Sacrament Church	April 3, 2017	7:00pm
Christ the King Church (Cluster)	April 3, 2017	7:00pm
St Pius X	April 4, 2017	7:00pm
Mater Christi	April 10, 2017	7:00pm
St. Clare's	April 10, 2017	6:00pm
Our Lady of the Assumption	April 11, 2017	7:00pm
Immaculate Conception Cathedral	April 11, 2017	7:00pm

## LENTEN ACTIVITIES AND OFFERINGS

- St Francis** – Stations of the Cross – Wed 12:10 (DEL) & Wed 5:30pm 3/8, 3/22 (SE)  
March 8 & 22 (SE) 6pm Soup, Bread & Reflection
- St. Matthew's** – Lenten Reconciliation Prayer Service – April 4 – 7pm  
Soup Supper and Evening Prayer – Fridays 6pm
- Mater Christi** – Soup and Bread – Fridays at 6pm  
Stations of the Cross – Fridays at 7pm
- Christ the King** – Stations of Cross – Fridays – 7pm  
Video Retreat “ A Lenten Journey” – March 9, 16, 23, 30 at 9:30am
- St Thomas** – Stations of the Cross – Fridays – 2pm
- St. Clare's** – Stations of the Cross – Wednesdays at noon
- St Pius** – Stations of the Cross – Fridays – 1:30pm and 7:00pm  
Mens Lenten Breakfast - March 16 – 7:30 – 8:30am  
Womans Lenten Breakfast – March 18 – 8:30 – 9:30am
- Blessed Sacrament** – Stations of the Cross – Fridays at 12:30pm
- Our Lady of the Assumption** – Bishop Barron “Pivotal Players” Wednesdays at 7pm  
Stations on Fridays at noon
- Christ Our Light** – Wednesday 5:30 Stations, 6:00 Soup Meal, 6:30 Rosary  
Simply Peter – March 23 at 11:45am & 6:30 pm (precedes Penance Service)  
Journaling – a Spiritual Practice 7pm March 7, 14 ,28 & Apr 4  
Christology – Fr James Kane – March 16 at 7pm
- Our Lady of the Americas** – Fridays – 6:30pm – Bilingual Stations, Soup, Salad  
March 11<sup>th</sup> - 9am - 12pm – Lenten Retreat (English) Sr. Julie Werner
- Cathedral** – Stations of the Cross – Fridays at 5:15pm



**Our Lady of the Americas**  
**Nuestra Señora de Las Americas**  
El Sacramento de Reconciliación después de las  
Misas de 9:30 y Medio  
Día Los Domingos Durante la Cuaresma

THE SACRAMENT OF RECONCILIATION IS REGULARLY OFFERED AT THE FOLLOWING TIMES AT THESE ROMAN CATHOLIC CHURCHES



**Cathedral of the Immaculate Conception, Albany**

Weekdays: 11:30-Noon  
Saturday: 4:00-5:00pm

**All Saints Church, Albany**  
Saturday: 3:00-3:30pm

**Blessed Sacrament Church, Albany**  
Saturday: 3:00pm

**Mater Christi Church, Albany**  
Saturday: 3:00-3:45pm

**St. Francis of Assisi Church (Delaware Ave), Albany**  
Saturday: 3:00-3:45pm

**St. Joan of Arc Church, Menands**  
Saturday: 3:30pm

**Historic St. Mary's Church, Albany**  
Weekdays: 11:30-Noon  
Saturday: 3:00-4:00pm

**St. Vincent de Paul Church, Albany**  
Saturday: 4:45pm

**St. Matthews, Voorheesville**  
Saturday: 4 – 5pm

**Christ the King, Westmere**  
Saturday: 3:00pm

**St. Thomas, Delmar**  
Saturday: 4 – 4:30pm (Chapel)

**St. Clare's, Colonie**  
Saturday: 3:00 – 3:45pm

**St. Pius, Loudonville**  
Saturday: 4:15 – 4:45pm

**St. Ambrose, Latham**  
Saturday: 3:00pm (Chapel)

**Our Lady of the Assumption, Latham**  
Saturday: 3:30 – 4:15pm

BEST  
LENT  
EVER

**DON'T GIVE UP  
CHOCOLATE  
THIS LENT!**

Instead join our parish for the **BEST LENT EVER**. Sign up for free Lenten program:  
[www.BestLentEver.com](http://www.BestLentEver.com)

DynamicCatholic.com  
Be Bold. Be Catholic!

**8 Things to Give Up:**

- Doubting Yourself
- Negative Thinking
- Fear of Failure
- Criticising Yourself & Others
- Negative Self Talk
- Procrastination
- Fear of Success
- People Pleasing

Phil Lindsey Baigent  
[www.giveupyournaturalbirth.com](http://www.giveupyournaturalbirth.com)

# POPE FRANCIS **YOU** INVITES

## **"TO CARE FOR YOUR RELATIONSHIP WITH GOD."**

Am I a Christian who is not nourished by prayer and the sacraments? Do I study the Word of God?

## **"TO CARE FOR YOUR FAMILY LIFE..."**

Do I give my family time, attention, and love? Do I care for their daily needs?

## **"TO HEAL THE WOUNDS OF THE HEART WITH THE OIL OF FORGIVENESS..."**

Have I forgiven others who have hurt me? Have I said "I'm sorry" to those whom I have hurt and have I tried to make amends? (Have I forgiven myself?)

## **"TO WATCH HOW YOU SPEAK..."**

Do I need to purify my everyday language from offensive words, vulgarities, and phrases used in the worldly decadence? Do I gossip about others or tell false truths?

## **"TO CARE FOR YOUR WORK..."**

Do I work with enthusiasm and passion? Am I humble enough to thank the Lord for my accomplishments? Do I use my God-given skills and talents in the service of others?

## **"TO AVOID ENVY, LUST, HATRED, AND NEGATIVE FEELINGS..."**

Are my thoughts and actions destructive toward my relationships, especially with those whom I love? Do my thoughts destroy my inner peace? Do I say insulting things when it would be better to remain silent? Do I surround myself with angry or destructive people?

## **"TO REACH OUT TO THOSE WHO NEED YOU...THIS IS HOW YOU WILL BE JUDGED."**

Do I assist the weak, the elderly, the sick? Do I stand up for foreigners or for those who are oppressed? Do I feed the hungry and shelter the homeless?

## **"TO LET GO..."**

"The bitterness that brings us to revenge." "The laziness that leads to existential euthanasia," "The finger-pointing that leads to pride," "The complaining that leads to despair"

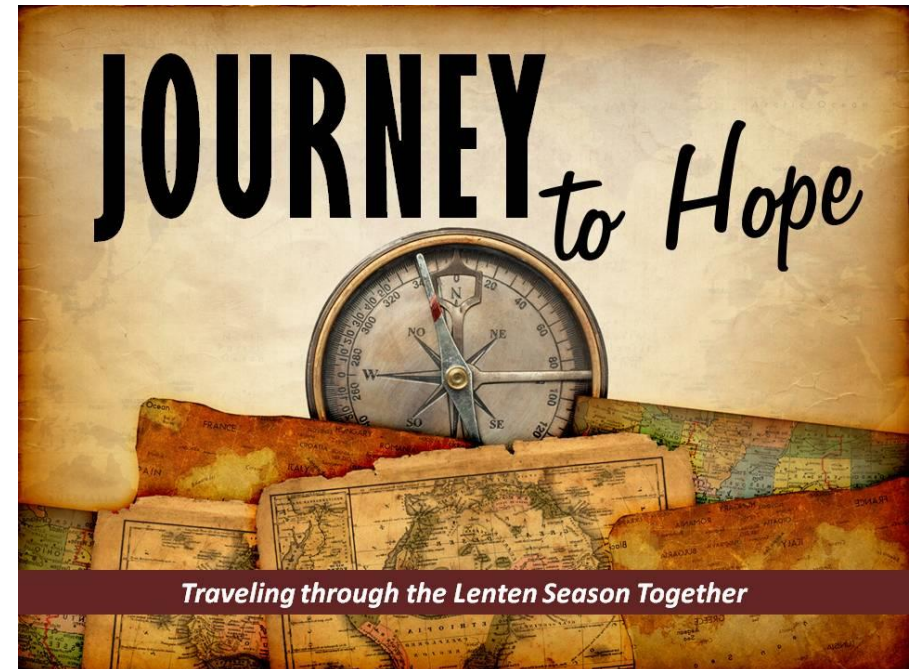
# **WE CARE LET US HELP**

**YOUR family, YOUR Church, YOUR leaders, YOUR friends are HERE.**

**PDX WORSHIP** 2838 E. Burnside Street Portland, OR 97214 503-233-8342 [www.pdxworship.org](http://www.pdxworship.org)



## THIS LENT JOIN US ON A



## THE ROMAN CATHOLIC COMMUNITY IN THE BEVERWYCK VICARIATE INVITES YOU TO COME AND EXPERIENCE CHRIST'S HEALING LOVE