

The butt stops  here.

Quit Smoking Today!

The Butt Stops Here[®] is an award-winning program that has helped thousands to stop smoking! The program fee is \$45 and the Medicaid fee is \$20. There is no fee for CDPHP participants. The program consists of seven one-hour sessions and includes a workbook and two weeks of nicotine patches or gum. Group support, facilitator-led

St. Peter's Hospital

Cancer Care Center, 317 S. Manning Blvd., Suite 100, Albany | 6 - 7 pm

Anne Lawton, *Facilitator*

January 2 - February 13; March 13 - April 24; May 1 - June 19; Sept. 11 – October 23
November 6 - December 18

REGISTER TODAY!
(518) 525-1827

St. Mary's Hospital

1300 Massachusetts Ave., Tuesday Evenings | 6 - 7 pm

Colleen Roche, *Facilitator*

January 10 - February 21; February 28 - April 11; April 18 - May 30; June 6 - July 25
August 1 - September 12; September 19 - October 31; November 7 - December 19

REGISTER TODAY!
(518) 268-5727