



Hope and Healing

in the Diocese of Albany



Adirondack Vicariate

Washington, Warren, & Northern Saratoga Counties

Jesus invites us: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest" (Matthew 11:28). Each of us carries burdens at different points in life. Every burden is unique and the resolution to every burden is unique.

The Hope and Healing Ministry in the Diocese of Albany is part of the Office of Safe Environment whose mission is to provide Jesus' healing invitation to everyone, including survivors of clergy sexual abuse and those experiencing any other type of trauma.

The front of this page outlines the process for reporting abuse and information for New York State resources. The back lists local resources to assist people seeking rest from their burdens. Please share this page with anyone who may benefit from its information. Further information and resources can be found: www.rcda.org/hopeandhealing

How to Report Abuse

Step 1: Emergency

- If anyone is in immediate danger, call 911

Step 2: Mandated Reporters

- If you are a mandated reporter, call the New York State Mandated Reporter hotline:
1-800-635-1522

Step 3: Law Enforcement

- Report the allegation to local police
- Warren County District Attorney:
 - o Jason Carusone
 - o (518) 761-6405
- Washington County District Attorney:
 - o Tony Jordan
 - o (518) 746-2525
- Saratoga County District Attorney:
 - o Karen Heggen
 - o (518) 885-2263

Step 4: Diocesan Officials

- Report the allegation to Diocesan officials:

Diocesan Assistance Coordinator
(518) 453-6646
assistance.coordinator@rcda.org

Prayer for Healing Victims of Abuse

God of endless love,
ever caring, ever strong,
always present, always just:

You gave your only Son
to save us by the blood of his cross.

Gentle Jesus, shepherd of peace,
join to your own suffering
the pain of all who have been hurt
in body, mind, and spirit
by those who betrayed the trust placed in them.

Hear the cries of our brothers and sisters
who have been gravely harmed,
and the cries of those who love them.
Soothe their restless hearts with hope,
steady their shaken spirits with faith.
Grant them justice for their cause,
enlightened by your truth.

Holy Spirit, comforter of hearts,
heal your people's wounds
and transform brokenness into wholeness.
Grant us the courage and wisdom,
humility and grace, to act with justice.
Breathe wisdom into our prayers and labors.
Grant that all harmed by abuse may find peace in justice.

We ask this through Christ, our Lord. Amen.

<https://www.usccb.org/prayers/prayer-healing-victims-abuse>

New York State Resources

Report Child Abuse and Neglect: 1-800-635-1522
Crisis Text Line: anonymous 24/7 service, text GOT5 to 741741
Domestic Violence: 1-800-942-6906

Suicide & Crisis Lifeline

Dial 988
(old number, still functions: 1-800-273-8255)

Mental Health Resources

The Consultation Center of the Roman Catholic Diocese of Albany is a mental health center which offers individual and couples counseling, a variety of personal growth groups, spiritual direction, and lectures and workshops.

- www.consultationcenteralbany.org
- 790 Lancaster St., Albany, NY 12203
- (518) 489-4431, consultation.center@rcda.org

Behavioral Health Services North, Inc. Some of our care offerings include: ongoing assessment of level of care and services required; coordination between mental health and primary care services; education, employment, and housing assistance; 24/7/365 crisis availability; substance use services; and specialty veterans services.

- <https://bhsn.org/mental-health/>
- Crisis Helpline: 1-866-577-3836, Stop DV Hotline: 1-888-563-6904, Corporate Office: (518) 563-8206

Warren-Washington Association for Mental Health, Inc. (WWAMH): Mission: to improve the quality of life for those affected by mental illness and to promote the awareness and importance of mental wellbeing in the community.

- www.wwamh.org/
- 3043 State Route 4, Hudson Falls, NY 12839
- (518) 747-2284

The **Office of Community Services for Warren and Washington Counties** is a shared administrative office between the two counties responsible for planning, oversight and coordination of a wide range of services for individuals and families impacted by mental illness, intellectual/developmental, and addiction issues.

- warrencountyny.gov/mhcs
- 230 Maple St., Suite 1, Glens Falls, NY 12801
- (518) 792-7143

Saratoga County Mental Health Center: The mission is to provide outpatient mental health and alcohol/drug treatment services that are accessible and responsive to the needs of persons suffering from mental illness and/or alcohol/drug problems, their families, and the community.

- www.saratogacountyny.gov/departments/mental-health-center/
- 135 South Broadway, Saratoga Springs, NY 12866
- (518) 584-9030

Spiritual Resources

Available at www.rcda.org/hopeandhealing:

- **Stations of the Cross** for Healing from Clergy Sexual Abuse (from the Diocese of Sacramento)
- **The Holy Rosary** for the Healing of the Victims of Sexual Abuse and the Purification of the Church (from the Cathedral of St. Matthew the Apostle, Washington, DC)
- **Prayers of the Faithful** (from the USCCB)

Catholic Charities

Catholic Charities, a ministry of the Diocese of Albany, is committed to active witness on behalf of the Scriptural values of mercy and justice. Catholic Charities, recognizing human need at all stages of life, responds to all persons regardless of race, creed, or lifestyle, with special emphasis on the economically poor and the vulnerable. Call: (518) 453-6650.

Warren County

www.ccrda.org/get-help/warren-county/
35 Broad St., Glens Falls, NY 12801
(518) 793-6212

Washington County

www.ccrda.org/get-help/washington-county/
35 Broad St., Glens Falls, NY 12801
(518) 793-6212

Saratoga County

www.ccrda.org/get-help/saratoga-county/
(518) 587-5000
142 Regent St., Saratoga Springs, NY
12866

Services Available (*Warr: Available in Warren, Wash: Available in Washington, S: Available in Saratoga*): Chronic Disease Management & HIV Help (Warr, Wash, S), General Help & Emergency Assistance (Warr, Wash, S), Children & Adults with Intellectual Disabilities (Warr, Wash, S), Services for Seniors (Warr, Wash, S), Immigration Legal Services (Warr, Wash, S), Mental Health (Warr, Wash, S), Food & Nutrition (Warr), Expecting Parents & Infants (Warr, Wash), Domestic Violence & Crime Victims (Warr, Wash), Community Home for the Dying (S)