



Hope and Healing

in the Diocese of Albany



Hudson Valley Vicariate

Columbia & Greene Counties

Jesus invites us: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest" (Matthew 11:28). Each of us carries burdens at different points in life. Every burden is unique and the resolution to every burden is unique.

The Hope and Healing Ministry in the Diocese of Albany is part of the Office of Safe Environment whose mission is to provide Jesus' healing invitation to everyone, including survivors of clergy sexual abuse and those experiencing any other type of trauma.

The front of this page outlines the process for reporting abuse and information for New York State resources. The back lists local resources to assist people seeking rest from their burdens. Please share this page with anyone who may benefit from its information. Further information and resources can be found: www.rcda.org/hopeandhealing

How to Report Abuse

Step 1: Emergency

- If anyone is in immediate danger, call 911

Step 2: Mandated Reporters

- If you are a mandated reporter, call the New York State Mandated Reporter hotline:
1-800-635-1522

Step 3: Law Enforcement

- Report the allegation to local police
- Columbia County District Attorney:
 - o Paul Czajka
 - o (518) 828-3414
- Greene County District Attorney:
 - o Joseph Stanzione
 - o (518) 719-3590

Step 4: Diocesan Officials

- Report the allegation to Diocesan officials:

Diocesan Assistance Coordinator
(518) 453-6646

assistance.coordinator@rcda.org

Prayer for Healing Victims of Abuse

God of endless love,
ever caring, ever strong,
always present, always just:
You gave your only Son
to save us by the blood of his cross.

Gentle Jesus, shepherd of peace,
join to your own suffering
the pain of all who have been hurt
in body, mind, and spirit
by those who betrayed the trust placed in them.

Hear the cries of our brothers and sisters
who have been gravely harmed,
and the cries of those who love them.
Soothe their restless hearts with hope,
steady their shaken spirits with faith.
Grant them justice for their cause,
enlightened by your truth.

Holy Spirit, comforter of hearts,
heal your people's wounds
and transform brokenness into wholeness.
Grant us the courage and wisdom,
humility and grace, to act with justice.
Breathe wisdom into our prayers and labors.
Grant that all harmed by abuse may find peace in justice.

We ask this through Christ, our Lord. Amen.

<https://www.usccb.org/prayers/prayer-healing-victims-abuse>

New York State Resources

Report Child Abuse and Neglect: 1-800-635-1522
Crisis Text Line: anonymous 24/7 service, text GOT5 to 741741
Domestic Violence: 1-800-942-6906

Suicide & Crisis Lifeline

Dial 988
(old number, still functions: 1-800-273-8255)

Mental Health Resources

The Consultation Center of the Roman Catholic Diocese of Albany is a mental health center which offers individual and couples counseling, a variety of personal growth groups, spiritual direction, and lectures and workshops.

- www.consultationcenteralbany.org
- 790 Lancaster St., Albany, NY 12203
- (518) 489-4431, consultation.center@rcda.org

Columbia County Mental Health Center is dedicated to serving the residents of our county struggling with a variety of mental health disorders. Our compassionate, experienced team provides the highest level of care in a relaxing, encouraging and patient-centered environment. Columbia County Mental Health Center strives to connect with each person and guide them to a happy, healthy life.

- www.columbiacountymhc.com/
- 325 Columbia St. Hudson, NY 12534
- (518) 828-9446

National Alliance on Mental Illness (NAMI) Columbia County, NY serves residents across our counties with free mental health support, online groups, resources and education.

- <https://namiccny.org/>
- PO Box 269, Valatie, NY 12184
- 518-336-0246

Greene County Mental Health Center is a community clinic licensed by the NYS Office of Mental Health. We have a full contingent of professional staff including Psychiatrists, Nurse Practitioners, Social Workers, and Psychiatric Nurses. Our staff members work together to provide a comprehensive system of care for the mental health needs of Greene County residents.

- www.greenegovernment.com/departments/mental-health
- 905 Greene County Office Bldg, Cairo NY, 12413
- 518-622-9163

The Mental Health Association of Columbia-Greene Counties is a non-profit organization committed to providing education and advocacy to enhance the well being of individuals, families, and communities.

- www.mhacg.org/
- 713 Union Street, Hudson, NY 12534
- 518.828.4619

Spiritual Resources

Available at www.rcda.org/hopeandhealing:

- **Stations of the Cross** for Healing from Clergy Sexual Abuse (from the Diocese of Sacramento)
- **The Holy Rosary** for the Healing of the Victims of Sexual Abuse and the Purification of the Church (from the Cathedral of St. Matthew the Apostle, Washington, DC)
- **Prayers of the Faithful** (from the USCCB)

Catholic Charities

Catholic Charities, a ministry of the Diocese of Albany, is committed to active witness on behalf of the Scriptural values of mercy and justice. Catholic Charities, recognizing human need at all stages of life, responds to all persons regardless of race, creed, or lifestyle, with special emphasis on the economically poor and the vulnerable. Call: (518) 453-6650.

Columbia County

www.ccrda.org/get-help/columbia-county/
431 East Allen St., Hudson, NY 12534
(518) 828-8660

Greene County

www.ccrda.org/get-help/greene-county/
66 William St., Catskill, NY 12414
(518) 943-1462

Services Available (*C: Available in Columbia, G: Available in Greene*): Food & Nutrition (C, G), Chronic Disease Management & HIV Help (C, G), General Help & Emergency Assistance (C, G), Families & Children (C, G), Services for Seniors (C, G), Immigration Legal Services (C, G), Substance Abuse Prevention (C)