



## A Blessing for Caregivers

May you see with tender eyes  
The wounds of those before you.  
May you hear with well-tuned ears  
The unspoken needs of those whose voices are muted.  
May you hold with gentle hands  
The bodies and the spirits of those you care for.

May the beauty of soul,  
The strength of spirit,  
The wholeness of being  
Lead you, inspire you  
And let you know your own  
Beauty of soul,  
Strength of spirit,  
Wholeness of being.

May you know that,  
As you care for others,  
God cares for you, sees you,  
Holds you tenderly.

Amen.

[Chausa.org](http://Chausa.org)