



# Hope and Healing

## in the Diocese of Albany



### Mohawk Valley Vicariate

Fulton, Herkimer, Montgomery Counties

Jesus invites us: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest" (Matthew 11:28). Each of us carries burdens at different points in life. Every burden is unique and the resolution to every burden is unique.

The Hope and Healing Ministry in the Diocese of Albany is part of the Office of Safe Environment whose mission is to provide Jesus' healing invitation to everyone, including survivors of clergy sexual abuse and those experiencing any other type of trauma.

The front of this page outlines the process for reporting abuse and information for New York State resources. The back lists local resources to assist people seeking rest from their burdens. Please share this page with anyone who may benefit from its information. Further information and resources can be found: [www.rcda.org/hopeandhealing](http://www.rcda.org/hopeandhealing)

### How to Report Abuse

#### Step 1: Emergency

- If anyone is in immediate danger, call 911

#### Step 2: Mandated Reporters

- If you are a mandated reporter, call the New York State Mandated Reporter hotline:  
1-800-635-1522

#### Step 3: Law Enforcement

- Report the allegation to local police
- Fulton County District Attorney:
  - o Michael Poulin
  - o (518) 736-5511
- Herkimer County District Attorney:
  - o Jeffrey Carpenter
  - o (315) 867-1155
- Montgomery County District Attorney:
  - o Lorraine Diamond
  - o (518) 853-8250

#### Step 4: Diocesan Officials

- Report the allegation to Diocesan officials:

Diocesan Assistance Coordinator  
(518) 453-6646  
[assistance.coordinator@rcda.org](mailto:assistance.coordinator@rcda.org)

### Prayer for Healing Victims of Abuse

God of endless love,  
ever caring, ever strong,  
always present, always just:  
You gave your only Son  
to save us by the blood of his cross.

Gentle Jesus, shepherd of peace,  
join to your own suffering  
the pain of all who have been hurt  
in body, mind, and spirit  
by those who betrayed the trust placed in them.

Hear the cries of our brothers and sisters  
who have been gravely harmed,  
and the cries of those who love them.  
Soothe their restless hearts with hope,  
steady their shaken spirits with faith.  
Grant them justice for their cause,  
enlightened by your truth.

Holy Spirit, comforter of hearts,  
heal your people's wounds  
and transform brokenness into wholeness.  
Grant us the courage and wisdom,  
humility and grace, to act with justice.  
Breathe wisdom into our prayers and labors.  
Grant that all harmed by abuse may find peace in justice.

We ask this through Christ, our Lord. Amen.

<https://www.usccb.org/prayers/prayer-healing-victims-abuse>

### New York State Resources

Report Child Abuse and Neglect: 1-800-635-1522  
Crisis Text Line: anonymous 24/7 service, text GOT5 to 741741  
Domestic Violence: 1-800-942-6906

### Suicide & Crisis Lifeline

Dial 988  
(old number, still functions: 1-800-273-8255)

## Mental Health Resources

**St. Mary's Healthcare Adult Mental Health Clinic:** Behavioral health clinic provides outpatient mental health diagnosis and treatment services to Fulton County residents age 18 and older. Our confidential helpline is available 24 hours a day to make sure you can get help for yourself or a friend or loved one facing: Depression, Substance abuse, Anxiety, Drug use, Isolation, Thoughts of suicide, Questions about addiction rehabilitation

- <https://www.smha.org/locations/adult-mental-health-clinic-fulton-county/>
- 73 North Main Street, Gloversville, NY 12078
- Mental Health Services: (518) 773-3531, Addiction Services: (518) 773-3532
- <https://www.smha.org/locations/hospital-adult-mental-health-clinic-montgomery-county/>
- St. Mary's Memorial Building, Floor 5, 4988 State Highway 30, Amsterdam, NY 12010
- (518) 841-7341

**Mental Health Association** in Fulton & Montgomery Counties is dedicated to being a progressive, collaborative organization that promotes wellness and recovery from mental illness and chemical dependency across the life span through high quality, effective programs, services, and education.

- [www.mentalhealthassociation.org/](http://www.mentalhealthassociation.org/)
- 307-309 Meadow Street, Johnstown, NY 12095
- (518) 762-5332

**Herkimer County Mental Health Clinic** for adults, 18 and up, with serious emotional disorders or mental illness. Sliding fee available- fees based upon ability to pay, Medicaid/Medicare accepted, most insurances accepted

- [www.herkimercounty.org/services-and-departments/mental-health.php](http://www.herkimercounty.org/services-and-departments/mental-health.php)
- 301 North Washington Street, Suite 2470, Herkimer, NY 13350
- (315) 867-1465

**Mental Health Services in Montgomery County** include clinical services operated by St. Mary's Hospital – both adult and children's services. There is an Adult Outpatient Clinic for counseling; outpatient Continuing Day Treatment Program (CDT) for people who need more intensive and more frequent services; an Intensive Psychiatric Rehabilitation Treatment Program (IPRT) for people preparing to return to school and/or work

- [www.co.montgomery.ny.us/web/sites/departments/mentalhealth/default.asp](http://www.co.montgomery.ny.us/web/sites/departments/mentalhealth/default.asp)
- PO Box 1500 - 20 Park Street, Fonda, NY 12068-1500
- (518) 853-8220

## Spiritual Resources

Available at [www.rcda.org/hopeandhealing](http://www.rcda.org/hopeandhealing):

- **Stations of the Cross** for Healing from Clergy Sexual Abuse (from the Diocese of Sacramento)
- **The Holy Rosary** for the Healing of the Victims of Sexual Abuse and the Purification of the Church (from the Cathedral of St. Matthew the Apostle, Washington, DC)
- **Prayers of the Faithful** (from the USCCB)

## Catholic Charities

Catholic Charities, a ministry of the Diocese of Albany, is committed to active witness on behalf of the Scriptural values of mercy and justice. Catholic Charities, recognizing human need at all stages of life, responds to all persons regardless of race, creed, or lifestyle, with special emphasis on the economically poor and the vulnerable. Call: (518) 453-6650.

### Fulton County

[www.ccrda.org/get-help/fulton-county/](http://www.ccrda.org/get-help/fulton-county/)

1 Kimball St., Amsterdam, NY 12010  
(518) 842-4202

### Herkimer County

[www.ccrda.org/get-help/herkimer-county/](http://www.ccrda.org/get-help/herkimer-county/)

61 West St., Ilion, NY 13357  
(518) 894-9917

### Montgomery County

[www.ccrda.org/get-help/fulton-county/](http://www.ccrda.org/get-help/fulton-county/)

1 Kimball St., Amsterdam, NY 12010  
(518) 842-4202

**Services Available** (*F: Available in Fulton, H: Available in Herkimer, M: Available in Montgomery*): Chronic Disease Management & HIV Help (F, H, M), General Help & Emergency Assistance (F, H, M), Substance Abuse Prevention (F, H, M), Services for Seniors (F, H, M), Dispute Resolution (F, H, M), Domestic Violence & Crime Victims (F, H, M), Food & Nutrition (H, M), Families & Children (H, M), Children & Adults with Intellectual Disabilities (F, M), Shelter & Low Income Housing (F), Immigration Legal Services (F, M), Mental Health (F), Thrift & Secondhand Stores (H)