



Hope and Healing

in the Diocese of Albany



Twin Rivers Vicariate

Schenectady & Southern Saratoga Counties

Jesus invites us: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest" (Matthew 11:28). Each of us carries burdens at different points in life. Every burden is unique and the resolution to every burden is unique.

The Hope and Healing Ministry in the Diocese of Albany is part of the Office of Safe Environment whose mission is to provide Jesus' healing invitation to everyone, including survivors of clergy sexual abuse and those experiencing any other type of trauma.

The front of this page outlines the process for reporting abuse and information for New York State resources. The back lists local resources to assist people seeking rest from their burdens. Please share this page with anyone who may benefit from its information. Further information and resources can be found: www.rcda.org/hopeandhealing

How to Report Abuse

Step 1: Emergency

- If anyone is in immediate danger, call 911

Step 2: Mandated Reporters

- If you are a mandated reporter, call the New York State Mandated Reporter hotline:
1-800-635-1522

Step 3: Law Enforcement

- Report the allegation to local police
- Schenectady County District Attorney:
 - o Robert M. Carney
 - o (518) 388-4364
- Saratoga County District Attorney:
 - o Karen Heggen
 - o (518) 885-2263

Step 4: Diocesan Officials

- Report the allegation to Diocesan officials:

Diocesan Assistance Coordinator
(518) 453-6646

assistance.coordinator@rcda.org

Prayer for Healing Victims of Abuse

God of endless love,
ever caring, ever strong,
always present, always just:
You gave your only Son
to save us by the blood of his cross.

Gentle Jesus, shepherd of peace,
join to your own suffering
the pain of all who have been hurt
in body, mind, and spirit
by those who betrayed the trust placed in them.

Hear the cries of our brothers and sisters
who have been gravely harmed,
and the cries of those who love them.
Soothe their restless hearts with hope,
steady their shaken spirits with faith.
Grant them justice for their cause,
enlightened by your truth.

Holy Spirit, comforter of hearts,
heal your people's wounds
and transform brokenness into wholeness.
Grant us the courage and wisdom,
humility and grace, to act with justice.
Breathe wisdom into our prayers and labors.
Grant that all harmed by abuse may find peace in justice.

We ask this through Christ, our Lord. Amen.

<https://www.usccb.org/prayers/prayer-healing-victims-abuse>

New York State Resources

Report Child Abuse and Neglect: 1-800-635-1522

Crisis Text Line: anonymous 24/7 service, text GOT5 to 741741

Domestic Violence: 1-800-942-6906

Suicide & Crisis Lifeline

Dial 988

(old number, still functions: 1-800-273-8255)

Mental Health Resources

The Consultation Center of the Roman Catholic Diocese of Albany is a mental health center which provides therapeutic services within a Christian environment, respecting the unity of body, mind and spirit. The Center offers individual and couples counseling, a variety of personal growth groups, spiritual direction, and lectures and workshops in the area of mental health and personal growth.

- www.consultationcenteralbany.org
- 790 Lancaster St., Albany, NY 12203
- (518) 489-4431, consultation.center@rcda.org

Schenectady County Community Services: The Office of Community Services plans, oversees and coordinates services for individuals and families with mental illness, substance abuse disorders and developmental disabilities who reside in Schenectady County.

- www.schenectadycounty.com/community-services
- 797 Broadway, Suite 304, Schenectady, NY 12305
- (518) 386-2218

Saratoga County Mental Health Center: The mission of Saratoga County Department of Mental Health & Addiction Services is to provide outpatient mental health and alcohol/drug treatment services that are accessible and responsive to the needs of persons suffering from mental illness and/or alcohol/drug problems, their families, and the community.

- www.saratogacountyny.gov/departments/mental-health-center/
- 135 South Broadway, Saratoga Springs, NY 12866
- (518) 584-9030

The Wellness Center: Offers services through Pinnacle Behavioral Health (pinnaclebehavioralhealth.com) and Eastern Door Counseling, and spiritual direction. They assist clients with severe trauma in finding the right path for assistance.

- citymission.com/transitionalhousingandwellnesscenter
- 302 Lafayette St., Schenectady, NY 12305
- (518) 346-2275 x329

Eastern Door: Mission: A community-based center providing evidence-based, income sensitive, psychotherapy for individuals, couples, and families in the Capital District.

- easterndoor.org
- 602 Washington Ave., Rensselaer, NY 12144
- (518) 252-7073

Spiritual Resources

Available at www.rcda.org/hopeandhealing:

- **Stations of the Cross** for Healing from Clergy Sexual Abuse (from the Diocese of Sacramento)
- **The Holy Rosary** for the Healing of the Victims of Sexual Abuse and the Purification of the Church (from the Cathedral of St. Matthew the Apostle, Washington, DC)
- **Prayers of the Faithful** (from the USCCB)

Catholic Charities

Catholic Charities, a ministry of the Diocese of Albany, is committed to active witness on behalf of the Scriptural values of mercy and justice. Catholic Charities, recognizing human need at all stages of life, responds to all persons regardless of race, creed, or lifestyle, with special emphasis on the economically poor and the vulnerable. Call: (518) 453-6650.

Schenectady County

www.ccrda.org/get-help/schenectady-county/

PO Box 28, Rensselaer, NY 12144
(518) 512-3577

Saratoga County

www.ccrda.org/get-help/saratoga-county/

142 Regent St., Saratoga Springs, NY 12866
(518) 587-5000

Services Available (*Sch: Schenectady, Sa: Available in Saratoga*): Chronic Disease Management & HIV Help (Sch, Sa), General Help & Emergency Assistance (Sch, Sa), Expecting Parents & Infants (Sch, Sa), Children & Adults with Intellectual Disabilities (Sch, Sa), Mental Health (Sch, Sa), Services for Seniors (Sch, Sa), Immigration Legal Services (Sch, Sa), Food & Nutrition (Sch), Shelter & Low Income Housing (Sch), Community Home for the Dying (Sa), Families & Children (Sa)