

The
POWER



of One Hour

Study Guide

Produced and presented by the



ROMAN CATHOLIC
DIOCESE of ALBANY



Catholic
Communication
Campaign
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*Reflection questions for youth and adults
accompanying the five-part video series
to facilitate discussion and enrich understanding
of the Celebration of the Eucharist*



1. How is God's word alive to us?

2. Describe the readings that we hear at Mass:

Reading:	Where it comes from:	Special characteristics:
First Reading		
Responsorial Psalm		
Second Reading		
Gospel		

3. The Bible has 150 psalms. What type of subject matter do they cover?

4. For the Gospel reading that we hear at Mass:

-Why does the priest or deacon read the Gospel passage?

-Why does the priest or deacon hold up the Book of Gospels for all to see?

-Why do we stand when the Gospel is read?

5. What is the purpose of the homily?

6. What is the most important attitude/disposition for us to have during the Liturgy of the Word?

7. What is the purpose of praying the Creed? How do the Apostles Creed and the Nicene Creed differ?

8. Who and what do we pray for in the Prayer of the Faithful?

The **first** reading at Mass comes from:

- a) the New Testament b) the Old Testament c) the Gospels

The **second** reading at Mass comes from:

- a) the Psalms b) the New Testament c) the Rosary

Who proclaims the **Gospel** at Mass? (*circle all the correct answers*)

- a) the deacon b) the priest c) the lector

The **responsorial psalm** comes from the book of Psalms in the Bible.

There are 150 psalms. What is the subject matter of the psalms?

- a) our varied human emotions and experiences b) the story of Creation
c) The work of Jesus's apostles

Why do we stand when the **Gospel** passage is read?

- a) to honor the priest b) because it's Jesus's own words c) to pray

True or false: God's word is **alive** to us.

- a) true b) false

What is the purpose of the **homily**?

- a) a way of singing to God b) the opening prayer as Mass starts
c) exploring the Gospel reading and applying its teachings to our lives

In the **Prayer of the Faithful**, who and what do we pray for?

- a) church leaders b) world leaders c) people at our parish who have died
d) our local community e) all of the above

The **Creed** is a statement of:

- a) what we believe as Catholics b) the first five books of the Bible
c) our parish's mission statement